

Health and Wellbeing Board
5 June 2014

Promoting Emotional Wellbeing and Mental Health Priority

Purpose of the report:

The purpose of this report is to review progress made since 13 March 2014 on developing the 'Promoting emotional wellbeing and mental health' priority action plan. The report also demonstrates progress on developing a mental health crisis care concordat for Surrey.

Introduction:

1. The Board approved the emotional wellbeing and adult mental health action plan in June 2013. A progress update was brought to the Board on 13 March 2014.
2. This report highlights two main areas of development since then: the **joint commissioning strategy for emotional wellbeing and mental health** and the development of a **mental health crisis care concordat** for Surrey.

Development of the emotional wellbeing and mental health joint commissioning strategy

3. The joint commissioning strategy is making good progress. Commissioners of mental health services have gathered and analysed national and local sources of evidence to inform our priority areas of work. Mental health stakeholders have been involved and engaged throughout, and local groups prioritised the emerging themes from the evidence gathered and analysed. The five priority themes in the strategy are:
 - 3.1 **Working together as a whole system:** In Surrey we have a good range of services but people have told us that they don't always know about them, they are not always person-centred and don't always work together. We want to improve this and ensure everyone works together effectively to put the person and their

carer/family at the centre to meet their needs and improve their outcomes.

- 3.2 **Prevention and promotion:** Prevention is concerned with avoiding ill health and promotion is about improving health and wellbeing by enabling people to increase control over and improve their mental wellbeing. In Surrey this has always been important but is now placed as one of the highest priorities.
 - 3.3 **Early intervention:** The earlier someone who is experiencing mental health problems gets support and treatment, the better the process of recovery can be. In Surrey, we have effective early intervention services for people experiencing psychosis but we want to make sure that early intervention is achieved for all.
 - 3.4 **Mental health crisis care:** In Surrey we need to improve our system of crisis care, ensuring people are kept safe and helped to find the support they need, whatever the circumstances in which they first need help, and from whichever service they turn to first.
 - 3.5 **Recovery:** Putting recovery in to action means focusing care on supporting recovery and building the resilience of people with mental health problems and their families/carers, not just treating or managing symptoms.
4. The Health and Social Care commissioners continue to involve local stakeholders in the development of these priority areas. Two workshops are planned as well as other opportunities to enable people to contribute their ideas as to how these priority areas can be put into action.
 5. The draft strategy and implementation plan will be presented to the June Board Meeting and will go out for consultation in June 2014 for 12 weeks, to enable stakeholders to comment and input further.

Development of Surrey's mental health crisis care concordat

6. The Department of Health published the mental health crisis care concordat in February 2014. This concordat describes what people experiencing a mental health crisis should be able to expect of the public services to respond to their needs. The concordat has been agreed by a partnership of national organisations and representative bodies with an expectation that every local health, social care and criminal justice system commit to delivering their own mental health crisis declaration.
7. In Surrey, we have drafted a local mental health crisis care concordat which senior representatives from local public sector bodies will sign up to. An emergency services workshop was held on 23 May 2014, bringing together key representatives from the Surrey County Council (adult and children services), Clinical Commissioning Groups, Surrey and Borders Partnership NHS Foundation Trust, Surrey Police, South East Coast

Ambulance services, district and borough councils and people who use services and their carers.

8. This workshop has been designed to facilitate the declaration that all local organisations will work together, and hold each other accountable for, delivering the aims of Surrey's concordat. An action plan will be developed together, to make progress on local issues for people experiencing mental health crises.
9. The Surrey Health and Wellbeing Board is proposed as the body to provide the strategic overview of the concordat, with links to the Surrey Better Care Board and operational delivery through the Emotional Wellbeing and Mental Health Partnership Board and its existing governance mechanisms.
10. There is also a proposed annual workshop to bring the signatory organisations together to review progress and hold each other to account on the delivery of the action plan.

Conclusions:

11. Good progress has been made with the development of the emotional wellbeing and mental health joint commissioning strategy. Stakeholders have been involved and engaged in developing the strategy and accompanying implementation plan. These will go out for public consultation in June 2014.
12. The mental health crisis care concordat for Surrey has been drafted and partners are attending a workshop on 23rd May to develop a shared action plan to deliver better outcomes for people experiencing a mental health crisis. The outcomes of this workshop will be presented to the June Board Meeting.

Recommendations:

13. The Board is asked to:
 - a) Note that the draft commissioning strategy will be going out for public consultation in June 2014.
 - b) Note that the mental health crisis concordat outcomes of the 23rd May workshop will be reported to the June Board Meeting.
 - c) Agree that the Surrey Health and Wellbeing Board is proposed as the body to provide the strategic overview of the concordat, with links to the Surrey Better Care Board and operational delivery through the Emotional Wellbeing and Mental Health Partnership Board and its existing governance mechanisms.

- d) Support an annual workshop to bring the mental health crisis concordat signatory organisations together to review progress and hold each other to account on the delivery of the action plan.

Next steps:

14. The next steps are:

14.1 Finalise the draft joint commissioning strategy and implementation plan and put out for public consultation.

14.2 Hold the emergency services workshop to enable key players in Surrey to sign up to the mental health crisis care concordat, bring together a shared action plan and agree governance arrangements.

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Sources/background papers:

Briefing from Health and Social Care commissioners: [Design ideas for mental health services April 2014](#)

Department of Health (2014) [Mental health crisis care concordat: improving outcomes for people experiencing mental health crisis](#)